#### THE SEMINOLE COUNTY ADULT DRUG COURT PROGRAM

**PROGRAM ACCEPTANCE:** Your case has been referred to and legally approved for the Adult Drug Court. Drug Court participants are required to sign a contract in court. This contract is an agreement between you and the Judge, who also signs the document. It explains what is expected of you and the consequences of noncompliance. The contract is written specifically for you based on your current charge(s) and your prior criminal history. Before you sign your contract, you will have an opportunity to review it with your Defense Attorney and have any questions answered.

**ORIENTATION:** On the day you sign the program contract, you will meet with program staff (Drug Court Case Manager and Probation Officer) to receive further instructions. You will be provided with a New Participant Handbook, which will provide overall information, answer general questions, and inform you of the rules and regulations of the program. As a participant, you will be required to follow the instructions contained in the handbook as well as the orders provided to you by the Court. It is your responsibility to read and understand the handbook. Orientation for the program takes place immediately after the contract signing in court. **The orientation session lasts for approx. 20 minutes.** 

# <u>DRUG TESTING</u>: Throughout your enrollment in the program, you will be tested for **temperature**, pH, Specific Gravity, Creatinine, adulterants, Cannabinoids (THC), Cocaine, Amphetamines, Opiates, Alcohol, Barbiturates, Benzodiazepines, etc.

All Drug Court participants are required to call the **Drug Court Drug Testing Hotline** six days per week (Monday through Saturday) to determine if your assigned number has been called. Your assigned number is the **last digit of your Social Security Number**, and if it is called, you must report between the hours listed on the hotline's voicemail (testing hours are typically **Monday through Friday 7:00 AM-10:25 AM and/or 4:00 PM-5:55 PM and on Saturday 7:00 AM-12:00 PM Noon**). The drug testing location is Aspire Health Partners at 237 Fernwood Boulevard, Fern Park. During your first 30 days in the program, you will undergo mandatory drug testing on Mondays and Fridays.

Adult Drug Court Approved/Unapproved Medication List: Participants must disclose all over-the-counter medications and supplements to the Drug Court Team prior to taking the medications. You may not use prescription drugs without a valid prescription and disclosure to the Drug Court Team prior to taking the medications except in cases of emergency where disclosure may take place the next workday after using the prescription. Participants must understand that use of a controlled prescription drug may delay their advancement in or completion of the Drug Court program, whether that drug was validly prescribed.

## ADULT DRUG COURT APPROVED/UNAPPROVED MEDICATION LIST

All participant must disclose any and all over-the-counter medications, any and all prescriptions, and any and all supplements to your Case Manager <u>PRIOR TO TAKING MEDICATIONS.</u>

MEDICAL RELATED PURPOSES: requires medical documentation and the "Blue Form" be submitted, prior to taking the substances for approval by the treatment team.

### SAMPLES OF UNAPPROVED

Examples of Prohibited Substances/Medication	Examples of substances prohibited in ALL
Classifications	Problem-Solving Court Programs. For
	medications, the brand name is in () if the generic
	name is also listed. Many over the counter
	medications are also listed. For illicit drugs,
	examples of "street" names are included.

Alcohol (In Any Form)	Alcoholic beverages, powders, creams, vapors, medications containing alcohol (cough syrups/liquid-caps such as Nyquil and Robitussin), energy drinks containing alcohol, foods containing alcohol
Amphetamine	Adderall, Adipost, Benzedrine, Cartwheels, Dexedrine, Dexatrim, Didrex, Molly, Phentermine (Adipex), Preludin, Ritalin, Speed, Vyvanse, White, and any medications containing Pseudoephedrine such as Alka-Seltzer Cold, Claritin-D, Comtrex Acute, Contac Cold Maximum, Coricidin, Dayquil/Nyquil, Dimetapp, Dristan Maximum, Robitussin, Sinarest, Sudafed, Tylenol Cold or Allergy. <i>There are non- pseudoephedrine "D" versions available in almost all of these</i> .
Barbiturate	Allobarbital, Amobarbital, Barbital, Butalbital (Fiorinal), Downers, Goofballs, Pentobarbital, Phenobarbital (Luminal), Pinks, Reds, Yellow Jackets
Benzodiazepine	Alprazolam (Xanax, Niravam), BZDs, Candy, Clonazepam (Klonopin), Chlordiazepoxide (Librium), Diazepam (Valium), Flunirazepam (Rohypnol), Lorazepam (Ativan), Oxaprozin (Daypro), Oxazepam (Serax), Qual, Tranx, Zolpidem (Ambien)
Cocaine	Big C, Blow, Charlie, Crack, Mojo, Powder, Rock, Snow, Toot
Dextromethorphan "DM"	Cold and flu medications and cough suppressants such as Alka-Seltzer Cold, Comtrex Acute, Contac Cold Maximum, Coricidin, Dayquil/Nyquil, Dimetapp, Dristan Maximum, Robitussin, Sudafed, Triaminic, Tylenol Cold,Vicks44. <i>There</i> <i>are non-dextromethorphan "DM" versions</i> <i>available of almost all of these.</i>
Hallucinogens	Dimethyltryptamine (DMT), Ecstasy "Molly", Ketamine,LSD,Methoxetamine, Methylenedioxypyrovalerone (MDPV), Mushrooms, PCP, Tryptamine, Inhalants
Methamphetamine	Black Beauties, Chalk, Crank, Crystal, Glass, Ice, Meth, Tweak, Uppers
Miscellaneous Substances, including natural and designer stimulants and synthetic substances	All Inhalants, All Synthetic substances, Appetite Suppressants-most are prohibited, BathSalts, Cathinones,Cyclobenzaprine(Flexeril), Diphenhydramine (Benadryl), Caffeine Pills, Flakka, Ketamine, Khat, Kratom, Krokodil, Mescaline, Mephedrone, Poppy Seeds and/or foods containing poppy seeds, Steroids, Soma, Xyrem (GHB),Anything labeled "Not for Human Consumption".
Opioids	Codeine (cough meds, Tylenol 3), Fentanyl (Actiq, Duragesic), Heroin, Hillbilly, Hydro,

(including Opioid-based substances/Opioid-	Hydrocodone (Lortab, Loracet, Norco, Vicodin,	
similar substances)	Vicoprofen), Hydromorphone (Dilaudid, Exalgo),	
	Kickers, Meperidine (Demerol), Monkey,	
	Morphine (Avinza, Kadian, MS Contin, Nucynta	
	ER, Opana ER, Zohydro), Morphine Sulfate,	
	Oxycodone (Oxycontin, Percodan, Percocet,	
	Roxicet, Roxycodone), Poppy Seeds and/or foods	
	containing poppy seeds, Propoxyphene (Darvocet,	
	Darvon), School Boy, Tramadol (Ultram), Watson	
The (Marijuana)	All forms of illegal or legal Cannabinoids, Marijuana,	
	Medical Marijuana, Blunt, Bud, CBD Products, Dope,	
	Edibles, Grass, Herb, Joint, Mary Jane, Pot, Weed	

# SAMPLES OF APPROVED

Medication Class	Indication	Example
Expectorant	Cough/ congestion	Mucinex (regular form/DARK BLUE BOX ONLY)
Anti-hypertensive	High Blood pressure	HCTZ, Lisinopril, Lopressor, Diuretics
Anti-depressants	Depression	Zoloft, Prozac, Effexor, Cymbalta
Anti-Psychotics	Psychosis/ mood stabilizer	Seroquel, Risperdal, Abilify
Antibiotics/antifungals/antivirals	Infection	Penicillin, Keflex, Rocephin, Nystatin, Fluconazole, Miconazole, Acyclovir, Valtrex
Anti-Diabetic	Diabetes	Glyburide, Metformin, Insulin
PPI/ H2 antagonist	Acid Reflux	Protonix, Prilosec, Cimetidine
H1 Antagonist	Allergies	Loratadine, Cetirizine
Antilipemic	High cholesterol	Niacin, Pravastatin, Zocor, etc.
Pain Management	HA, Body aches, Back/neck/knee pain	Ibuprofen, Tylenol or Naprosyn
Anti-Parkinson's/dopamine agonist	Restless leg syndrome	Mirapex, Pramipexole
Bronchodilators	Asthma/ COPD/ Bronchitis	Albuterol/ Pro air/ Ventolin
Non-narcotic Antagonist/Blocking Medication	Treat Ethanyl dependency, Opiate Antagonist	Vivitrol (Naltrexone)

IF IT IS NOT INCLUDED ON THE LIST, IT DOES NOT MEAN THAT IT IS PERMITTED. PLEASE SPEAK WITH YOUR TREATMENT COUNSELOR AND CASE MANAGER PRIOR TO TAKING ANY MEDICATION OR SUPPLEMENT. **COURT APPEARANCES:** You will be required to appear in front of the Judge on a regular basis (every two weeks). The Judge will be given progress reports regarding your drug tests, attendance, and participation in your treatment program. The Judge will ask you about your progress, and discuss any issues you may be have in the program. If you break the rules of the court, you may be subjected to sanctions, which may include but not limited to verbal warnings, community service, and a heartfelt letter of apology, phase demotion, additional NA/AA meetings, jail time or termination from the program. For those doing exceptional work in the program, they will receive incentives: Incentives for progress may include fish-bowl drawings, decrease court appearances and certificates of completion.

**PROGRAM PHASES:** You must complete substance abuse treatment that will be delivered in the following four Drug Court Program phases. The length of program phases will vary depending on your individual progress. The below guidelines are the minimum requirements:

#### Phase 1: Stabilization Phase lasts a minimum of 1 month:

- Mandatory drug testing on Mondays and Fridays with random urinalysis on all other days
- Attend group therapy session(s) per week as directed by substance abuse counselor
- Attend monthly individual session(s) as directed by substance abuse counselor
- Attend court sessions bi-weekly
- Maintain court-approved housing
- ✤ Attend 1 monthly office meeting with Probation Officer
- Indicate an initial understanding of substance abuse treatment
- Attend and submit 4 NA/AA or approved community recovery support group meetings per week
- Must have 20 consecutive clean urine days to be eligible for advancement to Phase 2

#### Phase 2: Intensive Treatment lasts a minimum of 3 months:

- Weekly random urinalysis
- Attend group therapy session(s) per week as directed by substance abuse counselor
- Attend monthly individual session(s) as directed by substance abuse counselor
- Attend court sessions bi-weekly
- Locate/maintain court-approved employment, training and/or education
- Maintain court-approved housing
- Begin paying towards program fees
- ✤ Attend 1 monthly office meeting with Probation Officer
- Indicate an appropriate understanding of recovery principles
- Attend and submit 3 NA/AA or approved community recovery support group meetings per week
- Must have 45 consecutive clean urine days to be eligible for advancement to Phase 3

#### Phase 3: <u>Relapse Prevention</u> lasts a minimum of 5 months:

- ✤ Weekly random urinalysis
- Attend group therapy session(s) per week as directed by substance abuse counselor
- Attend monthly individual session(s) as directed by substance abuse counselor
- Attend 1 court session per month
- Maintain court-approved employment, training and/or education
- Maintain court-approved housing
- Complete payment of program fees in full
- ✤ Attend 1 monthly office meeting with Probation Officer
- Indicate an appropriate understanding of a recovery lifestyle
- \* Attend and submit 3 NA/AA or approved community recovery support group meetings per week
- Must have 90 consecutive clean urine days to be eligible for advancement to Phase 4

#### Phase 4: <u>Community Transition</u> lasts a minimum of 4 months:

- ✤ Weekly random urinalysis
- Attend group therapy session(s) per week as directed by substance abuse counselor
- Attend monthly individual session(s) as directed by substance abuse counselor

- ✤ Attend 1 court session per month
- ◆ Maintain court-approved employment, training and/or education
- Maintain court-approved housing
- ✤ Attend 1 monthly office meeting with Probation Officer
- ✤ Indicate an appropriate understanding of community transition
- Attend and submit 2 NA/AA or approved community recovery support group meetings per week
- Must have 90 consecutive clean urine days to be eligible for graduation

**<u>SUBSTANCE ABUSE TREATMENT</u>**: You must attend scheduled group therapy sessions. In the program, you will be assigned to a certified **Substance Abuse Treatment Counselor** from Aspire Health Partners. Aspire Health Partners is located at 237 Fernwood Boulevard, Fern Park, FL 32730. After signing into the program, you will be responsible to complete the following:

- Please go to Aspire Health Partners Access Center on the first Friday or Monday after enrolling into the program between 8:00 AM-12:00 PM to complete an initial assessment. The Access Center is located at 919 East Second Street, Sanford, FL 32771 for a one-time behavioral health screening and assessment. You should anticipate one to two hours to accomplish this.
- 2. After you have completed the initial assessment, on the first Monday after contract signing, you must then go to 237 Fernwood Blvd located in Fern Park between 9:00 AM-2:00 PM to meet with your newly assigned counselor. Your counselor will sit down with you to develop a treatment plan. The group therapy sessions, individual sessions, and drug testing are all located at 237 Fernwood Blvd. Fern Park, FL location.

Group Name	Day of the Week	Group Time (AM)	Group Time (PM)
Relapse Prevention	Monday		6:00 PM-7:30 PM
Thinking for Good	Tuesday	10:30 AM-12:00 PM	
Seeking Safety	Tuesday		6:00 PM-7:30 PM
Seeking Safety	Wednesday	10:30 AM-12:00 PM	
Thinking for Good	Wednesday		6:00 PM-7:30 PM
Relapse Prevention	Friday	10:30 AM-12:00 PM	

#### **<u>GROUP AND INDIVIDUAL THERAPY SESSIONS:</u>** The current group therapy sessions schedule is as follows:

- Phase 1 Group Requirements: Phase 1 participants attend three (3) groups per week (must attend one Thinking for Good group, one Seeking Safety, and Relapse Prevention).
- Phase 2 Group Requirements: Phase 2 participants attend two (2) groups per week (must attend one Thinking for Good group and one Seeking Safety).
- Phase 3 Group Requirements: Phase 3 participants attend one (1) group per week (must attend Seeking Safety or Relapse Prevention).
- Phase 4 Group Requirements: Clients attend any one (1) group per month.

**PROGRAM FEES:** The Drug Court program is not free. The **minimum cost is \$1000**, in addition to the cost of prosecution, restitution, victim repayment, etc. Your assigned Probation Officer will provide you with specific payment information during your initial meeting. You may also elect to complete community service hours to pay towards your program fees. For every hour of community service completed, \$10 will be reduced from your program fees.

**PROGRAM TRAVEL:** You will be assigned to a Florida Department of Corrections Probation Officer for supervision purposes throughout your enrollment in the program. The Probation Officer will conduct home visits, ensuring you live in a safe environment, monitor your travel from county-to-county (day trips to connecting counties: Lake, Volusia, Brevard and Orange will be approved on a case-by-case basis), verify employment via pay stubs, and approve in-state travel (with the rest of the program team's consent). All out-of-state travel require the additional approval of the Drug Court Judge and will be approved on a case-by-case basis.

**<u>GRADUATION</u>**: The program consists of four phases (**12 months minimum**) of which when fully completed the felony charge(s) or Violation of Probation will be dismissed during the court hearing before the assigned Drug Court Judge. Graduation typically takes place twelve (12) to eighteen (18) months after entering the program and a participant must have a minimum of 120 consecutive clean days accumulated between phases 3 and phase 4 in order to be considered for graduation. Participants are recommended for graduation when they have met all Program requirements. The Drug Court team must agree that the participant has successfully integrated information and behaviors to support long-term recovery.

**PROGRAM CONTACT INFORMATION:** If you have any other questions, please do not hesitate to contact the Drug Court Program Office.

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# PARTICIPANT CONSENT

I HAVE READ, UNDERSTAND, AND AGREE TO ABIDE BY THE TERMS AND CONDITIONS OF THE SEMINOLE COUNTY ADULT DRUG COURT PROGRAM AS OUTLINED IN THE NEW PARTICIPANT HANDBOOK. I HAVE ALSO RECEIVED A COPY OF THIS HANDBOOK AS WELL AS ANY CONFIDENTIALITY FORMS OR DOCUMENTS NEEDED FOR MY PARTICIPATION IN THE PROGRAM.

MY DECISION TO PARTICIPATE IN THE ADULT DRUG COURT PROGRAM IS STRICTLY VOLUNTARY.

Participant's Full Name (Please Print) Date

Participant's Signature

Date

Revised: August 28, 2020